XCELERATE TRAINING INSTITUTE
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HEALTH, SAFETY AND ENVIRONMENT (HSE)

ISO 45001 Occupational Health and Safety Training Course

Implementing and Auditing an Occupational Health and Safety Management System

DURATION	LANGUAGE	FORMAT	COURSE CODE
5 days	**English or Arabic**	**Classroom / Online**	**HSE-102**

Upcoming dates

Dates	Venue	Format	Fee
8 – 12 ?????? 2027	Casablanca	Classroom	**€3?600**
19 – 23 ????? 2027	Dubai	Classroom	**€3?800**
28 ????? – 2 ????? 2027	Geneva	Classroom	**€4?800**
2 – 6 ????? 2027	Istanbul	Classroom	**€3?800**
11 – 15 ?????? 2027	Kuala Lumpur	Classroom	**€5?500**
20 – 24 ?????? 2027	London	Classroom	**€4?800**

Register or ask a question

Online: x8ti.com/course/iso-45001-occupational-health-and-safety-training-co…
+491631686678 · info@x8ti.com

ISO 45001 Occupational Health and Safety Training Course

Introduction

ISO 45001 is the international standard for occupational health and safety management systems. It replaced OHSAS 18001, which has been withdrawn, and is widely required by clients, regulators and major projects in the Gulf.

This course explains the requirements of ISO 45001:2018 and how to implement them: hazard identification, risk assessment, worker participation, legal compliance, operational controls, emergency preparedness, incident investigation and internal audit.

Learning Objectives

By the end of this course, participants will be able to:

- Explain the structure and requirements of ISO 45001:2018
- Identify hazards and assess occupational health and safety risks
- Establish legal compliance and worker participation processes
- Implement operational controls, including contractors
- Investigate incidents and manage corrective action
- Plan internal audits and certification

Training Methodology

This course combines short expert presentations with practical exercises, case studies from the Gulf and international organisations, group discussions and work with real templates and tools. Participants are encouraged to bring examples from their own work so that the learning can be applied immediately.

Participants apply the standard to a case organisation and practise risk assessment and audit techniques.

Benefits for Your Organisation

- Fewer injuries, illnesses and incidents
- Readiness for ISO 45001 certification or migration from OHSAS 18001
- Compliance with legal and client requirements
- Stronger safety culture
- Lower costs from accidents and downtime

Benefits for You

- Detailed knowledge of ISO 45001
- Practical risk assessment and audit skills
- Ability to lead certification projects
- Up-to-date HSE management competence
- Templates for implementation

Who Should Attend

This course is designed for:

- HSE managers and safety officers
- Operations and site managers
- Quality and management system coordinators
- Internal auditors
- Supervisors responsible for safety

Course Outline

Day 1: OH&S Management Systems

- From OHSAS 18001 to ISO 45001
- Structure of the standard
- Context and interested parties
- Leadership and worker participation
- OH&S policy

Day 2: Hazards and Risks

- Hazard identification methods
- Risk and opportunity assessment
- Legal and other requirements
- OH&S objectives
- Hierarchy of controls

Day 3: Operation

- Operational planning and control
- Management of change
- Contractors and procurement
- Emergency preparedness and response
- Competence and awareness

Day 4: Performance Evaluation

- Monitoring and measurement
- Compliance evaluation
- Incident investigation
- Internal audit techniques
- Management review

Day 5: Improvement and Certification

- Nonconformity and corrective action
- Continual improvement
- Integrating with ISO 9001 and ISO 14001
- The certification process

- Implementation plan

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Registration Form

ISO 45001 Occupational Health and Safety Training Course

Preferred dates: ..... Venue or online: .....

Duration: 5 days Language: .....

Please complete and email this form to us, or register online. We confirm your place and send the invoice within one working day.

Delegate information

Full name (Mr / Ms / Dr / Eng): .....

Position: ..... Telephone / mobile: .....

Official email: ..... Personal email: .....

Company information

Company name: .....

Address: .....

City / country: ..... VAT / tax number: .....

Person responsible for training & development

Full name (Mr / Ms / Dr / Eng): .....

Position: ..... Telephone / mobile: .....

Email: .....

Payment

☐ Please invoice me ☐ Please invoice my company

Signature: ..... Date: .....

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