XCELERATE TRAINING INSTITUTE

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LEADERSHIP AND MANAGEMENT

Leading High-Performance Teams Training Course

Building Trust, Accountability and Results in Teams

DURATION	LANGUAGE	FORMAT	COURSE CODE
5 days	English or Arabic	Classroom / Online	TTC-138

Upcoming dates

Dates	Venue	Format	Fee
4 – 8 Jan 2027	London	Classroom	€4,800
12 – 16 Apr 2027	Manama	Classroom	€3,800
28 Jun – 2 Jul 2027	Live online	Online (live)	€1,200
19 – 23 Jul 2027	Paris	Classroom	€4,800
25 – 29 Oct 2027	Singapore	Classroom	€5,500
6 – 10 Dec 2027	Live online	Online (live)	€1,200

Register or ask a question

Online: x8ti.com/course/leading-high-performance-teams-training-course/

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Leading High-Performance Teams Training Course

Introduction

High-performing teams do not happen by chance. They are built by leaders who create clear direction, trust, accountability and a culture where people can contribute their best.

This course gives managers practical tools to build and lead high-performance teams: setting direction, building trust, assigning roles, running effective meetings, giving feedback and holding people accountable.

Learning Objectives

By the end of this course, participants will be able to:

- Understand the characteristics of high-performing teams
- Set clear team purpose, goals and roles
- Build trust and psychological safety
- Run effective team meetings and decisions
- Give feedback and hold people accountable
- Sustain motivation and team performance

Training Methodology

This course combines short expert presentations with practical exercises, case studies from the Gulf and international organisations, group discussions and work with real templates and tools. Participants are encouraged to bring examples from their own work so that the learning can be applied immediately.

Participants use team diagnostics, simulations and real team challenges.

Benefits for Your Organisation

- Higher team productivity and results
- Better collaboration
- Stronger engagement and retention
- Leaders who build capable teams

Benefits for You

- Practical team leadership tools
- Feedback and accountability skills
- Team diagnostic experience
- Greater leadership confidence

Who Should Attend

This course is designed for:

- Managers and team leaders

- Department heads
- Project managers
- Supervisors
- Leaders of new teams

Course Outline

Day 1: High-Performance Teams

- What makes teams high-performing
- Team development stages
- Team diagnostics
- The leader's role
- Self-assessment

Day 2: Direction and Roles

- Team purpose and goals
- Roles and responsibilities
- Team agreements
- Aligning individual and team goals
- Priority setting

Day 3: Trust and Collaboration

- Building trust
- Psychological safety
- Healthy conflict
- Collaboration across teams
- Team decision making

Day 4: Accountability and Feedback

- Performance expectations
- Giving and receiving feedback
- Accountability conversations
- Recognition
- Managing underperformance

Day 5: Sustaining Performance

- Motivation and engagement
- Effective team meetings
- Remote and hybrid team practices
- Measuring team performance
- Team leadership plan

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Registration Form

Leading High-Performance Teams Training Course

Preferred dates: ..... Venue or online: .....

Duration: 5 days Language: .....

Please complete and email this form to us, or register online. We confirm your place and send the invoice within one working day.

Delegate information

Full name (Mr / Ms / Dr / Eng): .....

Position: ..... Telephone / mobile: .....

Official email: ..... Personal email: .....

Company information

Company name: .....

Address: .....

City / country: ..... VAT / tax number: .....

Person responsible for training & development

Full name (Mr / Ms / Dr / Eng): .....

Position: ..... Telephone / mobile: .....

Email: .....

Payment

☐ Please invoice me ☐ Please invoice my company

Signature: ..... Date: .....

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Email this form
info@x8ti.com

Register online
Open the course page