XCELERATE TRAINING INSTITUTE

your learning & development partner

DIVERSITY, EQUITY, AND INCLUSION (DEI)

Women in Leadership Development Programme Training Course

Building Confidence, Influence and Leadership Capability

DURATION	LANGUAGE	FORMAT	COURSE CODE
5 days	English or Arabic	Classroom / Online	DEI-102

Upcoming dates

Dates	Venue	Format	Fee
1 – 5 Feb 2027	Barcelona	Classroom	€4,800
26 – 30 Apr 2027	Live online	Online (live)	€1,200
10 – 14 May 2027	Berlin	Classroom	€4,800
16 – 20 Aug 2027	Cairo	Classroom	€3,600
4 – 8 Oct 2027	Live online	Online (live)	€1,200
22 – 26 Nov 2027	Casablanca	Classroom	€3,600

Register or ask a question

Online: x8ti.com/course/women-in-leadership-development-programme-training-c…

+491631686678 · info@x8ti.com

Women in Leadership Development Programme Training Course

Introduction

Women's participation in the workforce has grown rapidly across the Gulf, and organisations are investing in developing more women into leadership roles. Women leaders benefit from targeted development in strategic leadership, influence, networking and career planning.

This programme helps women professionals and managers strengthen their leadership presence, lead teams effectively, navigate organisational dynamics and plan the next steps in their careers.

Learning Objectives

By the end of this course, participants will be able to:

- Understand personal leadership strengths and style
- Build executive presence and confidence
- Influence stakeholders and negotiate effectively
- Lead teams and manage performance
- Build networks and sponsorship relationships
- Create a personal leadership development plan

Training Methodology

This course combines short expert presentations with practical exercises, case studies from the Gulf and international organisations, group discussions and work with real templates and tools. Participants are encouraged to bring examples from their own work so that the learning can be applied immediately.

The programme combines self-assessment, interactive workshops, role plays and peer coaching.

Benefits for Your Organisation

- A stronger pipeline of women leaders
- Better retention of talented women
- Progress on diversity and nationalisation goals
- More diverse leadership teams

Benefits for You

- Greater confidence and leadership presence
- Practical influence and negotiation skills
- A personal career development plan
- A supportive peer network

Who Should Attend

This course is designed for:

- Women managers and team leaders
- High-potential women professionals
- Women preparing for leadership roles
- Women leaders seeking to move to senior levels
- HR and talent professionals designing women's programmes

Course Outline

Day 1: Leadership Identity

- Leadership styles and self-assessment
- Strengths and development areas
- Confidence and overcoming self-doubt
- Women in leadership in the Gulf: progress and opportunities
- Personal leadership vision

Day 2: Presence and Communication

- Executive presence
- Assertive communication
- Speaking with impact in meetings
- Personal branding
- Presentation practice

Day 3: Influence and Negotiation

- Stakeholder mapping
- Influencing without authority
- Negotiating for yourself and your team
- Handling resistance and conflict
- Role plays

Day 4: Leading Teams

- Motivating and developing others
- Delegation and performance management
- Leading change
- Work-life integration
- Resilience and wellbeing

Day 5: Career Strategy

- Networking and sponsorship
- Mentoring relationships
- Career planning and next roles
- Personal development plan

- Peer coaching circles

Copyright and intellectual property
This course, "Women in Leadership Development Programme Training Course", is an original course by Xcelerate Training Institute. All materials, content and structure are the intellectual property of Xcelerate Training Institute. Reproduction, distribution or use of any part of this course without written consent is prohibited.

Registration Form

Women in Leadership Development Programme Training Course

Preferred dates: ..... Venue or online: .....

Duration: 5 days Language: .....

Please complete and email this form to us, or register online. We confirm your place and send the invoice within one working day.

Delegate information

Full name (Mr / Ms / Dr / Eng): .....

Position: ..... Telephone / mobile: .....

Official email: ..... Personal email: .....

Company information

Company name: .....

Address: .....

City / country: ..... VAT / tax number: .....

Person responsible for training & development

Full name (Mr / Ms / Dr / Eng): .....

Position: ..... Telephone / mobile: .....

Email: .....

Payment

☐ Please invoice me ☐ Please invoice my company

Signature: ..... Date: .....

Call	Email this form	Register online
+491631686678	info@x8ti.com	Open the course page